

Message from the Editor

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Dear Health Psychology and Behavioural Medicine Section members,

It is my great pleasure to take on the role of *Health Notes* editor and to work with the wonderful members of our Executive Committee to make our section the best it can be. My own research is focused on mental health issues surrounding women's reproductive transitions and challenges, such as infertility, the postpartum period, and the menopause transition, but I am fascinated by all areas of Health Psychology so I love that my role as editor brushes me up on all the exciting Health Psychology research that's going on in this country.

I absolutely welcome all suggestions for newsletter pieces! Have you or someone you know received funding to conduct research in the areas of Health Psychology and Behavioural Medicine? Or do you know of Canadian Health Psychology research that's been making the news lately? Please drop me an email and tell me about it! I'm also happy to advertise events or opportunities that would be of interest to our section members. I want this newsletter to be useful and relevant to you!

Finally, I wish to put out a call for newsletter writers. For this edition, I benefited from a wonderful and dedicated team of talented writers but I could always use more! If you're interested in becoming a regular contributor to the newsletter, or if you'd like to contribute a single piece on a particular topic, please contact me – I'll be happy to welcome you to the writing team!

I hope you've enjoyed the current edition of *Health Notes* – we'll be back with a new one in spring 2020, just in time to give you all of the most important highlights of the upcoming CPA conference!

Jennifer Gordon
Editor of *Health Notes*

